

# INCA TRAIL PACKING LIST


FOR VISITING IN ANY SEASON!



## CAMPING GEAR

1. Backpack
2. Backpack duffel bag
3. Backpack rain cover
4. Trekking poles
5. Trekking pole tip protectors
6. Sleeping bag
7. Sleeping bag compression sack
8. Sleeping pad
9. Sleeping pillow
10. Headlamp
11. Collapsible water bottles or Nalgene

## PERSONAL CARE

12. Toilet paper/wipes
13. Shovel/trowel
14. Bug repellent
15. Sunscreen
16. Shower wipes
17. Toiletries 
18. Hand sanitizer
19. Pack towel
20. Medications



\*TOOTHBRUSH, TOOTHPASTE,  
FLOSS, DEODORANT, DR. BRONNER'S

## SUPPLIES

21. First Aid Kit
22. Bandana
23. Extra shoelace or para cord
24. Electronics (camera, extra batteries)
25. Extra food (sparingly!)
26. Water purification (drops or SteriPen)

## CLOTHING

27. Hiking hat and beanie (optional)
28. Sunglasses
29. Shirts (short and long sleeves)
30. (Women) Sport bras
31. Underwear
32. Long underwear/something to sleep in
33. Pants/shorts (zip off combo is best)
34. Hiking socks & liners
35. Rain gear (jacket and pants, or poncho)
36. Lightweight fleece or hiking jacket
37. Down (or very warm) jacket
38. Hiking boots
39. Sandals/casual shoes

## MISCELLANEOUS

40. Plastic zip lock bag (for passport)
41. A few plastic grocery bags (for trash, etc.)
42. Extra money (300 soles/person + tour gratuity)